



CRITERION 7



INSTITUTIONAL VALUES AND BEST PRACTICES



**Dr. MGR-JANAKI COLLEGE
OF ARTS & SCIENCE FOR WOMEN**

SATHYABAMA MGR MALIGAI
11 & 13, Durgabai Deshmukh Road, RA Puram, Chennai - 28

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CRITERION 7

**7.2-Best Practice: Two best practices
successfully implemented by the Institution as
per NAAC format**



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7.2.2- Title of the practice: To instill a sense of responsibility towards society and the nation among the students



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Verified and Certified Documents

Metric No: 7.2.2

Page No 05 to 80

Janaki
Principal

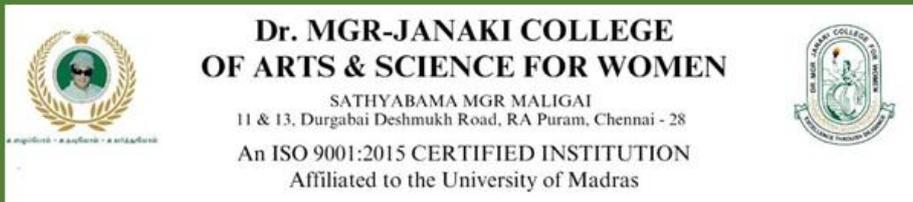


PRINCIPAL
DR. MGR JANAKI COLLEGE OF
ARTS & SCIENCE FOR WOMEN
CHENNAI - 600 028.



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EXTENSION ACTIVITIES (Representative)

2018-2023

NSS Republic Day Parade Camp 2019

Date of the Event	1 Month (01.01.2019- 31.01.2019)
Topic	RD Parade
Event Category	NSS Republic Day Parade Camp 2019
Level	College level
No. of Participants	01
Guest/ Resource Person/ Judge (with designation)	State Officer, Regional director-TN

Brief Report:

- On January 1st around 7:30 am , Tamil Nadu NSS Volunteer team of around 14 members and 2 volunteers from Puducherry along with our contingent leader Dr.M.P Ganesan reached the campsite at International youth hostel, NYAYA MARG, Chanakyapuri, New Delhi. There was an enthusiastic environment around us because the whole hostel was filled by around 200 NSS volunteers from all over India. At first, we faced some language barriers but as days passed by we developed a unity and proved the concept of *unity in diversity* and also showed that friendship needs no language.
- On January 2nd RD Camp Schedule was given. Our Camp Director was Dr.C. Samuel Chelliah - NSS Regional Director Chennai. He was a very active and lively person. He motivated us. From 4th January to 8th January, we did our parade practice near the National Police Memorial.
- On 4th January we had an inauguration function, Hon. Minister of Youth Affairs and Sports Rajya Vardhan Singh Rathore and Mrs. Upma Chowdhury, IAS Secretary of youth affairs were our chief guests and they inaugurated the Camp. Various cultural events from different states and union territories were performed
- From 9th January we were taken to Dyal Singh College, Delhi university for parade practice. Our instructors are from the army wing. On 10th January, the instructors started to select the volunteers for the parade from 200 they selected only 160. From 10th January to 14th January there were 5 sets to practice in Rajpath.
- Every day, the contingent leaders and the camp director will choose one male and female volunteer from a different state for the **MOST VALUABLE STUDENT** of the day award on the basis of their performance, behaviour and discipline. Everyday 2 from each state will get it. On 14th January it was my day to receive the **MVS AWARD** of the day along with Kerala volunteers. It was a proud and delightful moment for me.
- On 15th January, our Tamil Nadu team celebrated PONGAL at Delhi. The cultural event was conducted by Tamil Nadu students. We rocked the stage.
- From 17th January we were taken to Rajpath for parade practice at 4: 30 am. We will march on the Rajpath road till India Gate which is around 4 km. Every pain of our marching vanished when we saw our majestic INDIA GATE.
- On the 20th parade uniforms were given, on the 23rd we had a full-dress rehearsal at Rajpath, we marched along with all other army wings, NCC cadets etc. We got good appreciation from the officers who were in incharge of Republic Day. On 24th around 65 NSS volunteers got a golden opportunity to meet Hon.Prime Minister, Mr. Narendhra Modi He addressed us with a blessing for our parade and gave a

motivational speech about youths and finally we all took a group photo with him and our Defence Minister Mrs. Nirmala Seetharaman.

- On 26th January we woke up at 3:00 am and got ready and had our breakfast at 4:00am and around 4 :30 am we reached Rajpath. There was heavy security during the day. We were thoroughly checked before entering the Rajpath road. The most awaited moment came nearby, everyone was very excited. NSS is the only community based civil service marching contingent. We saluted the PM, PRESIDENT and the CHIEF GUEST for 70th REPUBLIC DAY, Hon. President of South Africa Mr. Cyril Ramaphosa.
- Finally, the moment came, around 10:20 am we started to march. We were proudly marching towards the India Gate. Our patriotism was seen in our parade. Our dream finally came true. The most valuable National Camp of NSS was the Republic day parade camp and I finally achieved it with great success. I was standing in 7th ROW 2nd COLUMN next to the right marker. I felt very proud that I am also the one representing 40 lakhs NSS volunteers all over the country and the first NSS VOLUNTEER representing DR.MGR.JANAKI COLLEGE, CHENNAI.
- On 26th Jan, the 70th REPUBLIC DAY was very special to us. We took many memorable photos after the parade. We reached the hostel around 3:00pm for lunch. Evening we took a rest and the day was finished peacefully with lots of happiness because we achieved our dream, our success and a gain for our pain.
- On 27th Jan, we were taken to meet Hon. President of India, Mr. Ramnath Govind took a group photo with him and then we had snacks while visiting the Mughal garden and admired its beautiness. It was a gifted moment.
- On 28th Jan, around 8: 30 am we were taken to meet Hon.Vice president Mr. Venkaiah Naidu and he addressed us with a speech, he highlighted that NSS should become mandatory in every school and college. After that we had tea and snacks then we returned to the hostel.
- On the 29th we were taken on a trip to AGRA, the journey started at 5: 00 am itself by bus. We reached Agra around 10:30 am and we had a chance to see one of the seven wonders of the world, the symbol of love, THE *TAJ MAHAL*. For lunch we went to Dr. Ambedkar university, Agra around 3 pm and there held a meeting to congratulate the RD CAMP participants. Then we reached the hostel by 11pm. It was a jolly trip.
- On 30th Jan morning we were taken to LOTUS TEMPLE and local shops for purchasing and we had our valedictory function in the evening and also a certificate distributed. On 31st morning each state started to move their natives from our campsite. It was such an emotional moment when we got separated. This one-month camp is not only for parades but also it teaches many life skills and makes many friends. The Tamil Nadu team started our journey at 10:30pm in Tamil Nadu express and reached Chennai central on February 2nd morning at 7:00 am.
- On Feb 2nd morning around 9:45 am we had our meeting with Hon.Governor of Tamil Nadu *BANWARILAL PUROHIT* at RAJBHAWAN. He congratulated us on our excellent participation in the 70th Republic day parade and he gave a speech about time management. Group photo was taken. Then the Tamil Nadu team went to their native places by train from Chennai central and Chennai Egmore stations



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PRESS RELEASE



THE HINDU
25/01/2019

Down Town - Mylapore
Page # 06

City college girl to perform at R-Day parade in New Delhi

Excitement is in the air at Dr. MGR Janaki College for Women as Ms. K. Sangeetha Priya, the third year student of B.Sc. - Biochemistry stream, got selected for Republic Day Parade (on 26th January 2016) at New Delhi.

She will represent the state and showcase its cultural pride with national dances namely Odissi and Parvati.

Participation in NSS Republic Day Parade Camp is a sponsored trip by University of Madras. Sangeetha is an NSS cadet and she is excited both to participate and to represent her state in the Republic Day Parade. She is looking forward to the preparation camp held in October at Mysore. She is currently in Mysore for the preparation camp.

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TRINITY MIRROR

24/01/2019

Page # 06

Chennai girl to perform cultural dance in Republic Day Parade in New Delhi

Chennai, Jan 24: Excitement is in the air at Dr. MGR Janaki College for Women as Ms. K. Sangeetha Priya, the third year student of B.Sc. - Biochemistry stream, got selected for Republic Day Parade (on 26th January 2016) at New Delhi.



K. Sangeetha Priya

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THE HINDU
25/01/2019

Down Town - IT Corridor
Page # 02

Girl from MGR Janaki college to perform at R-Day parade

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NEWS TODAY

23/01/2019

Page # 03

Chennaiite to take part in R-Day parade in Delhi

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National Integration Camp for NSS Volunteers

Date of the Event	1Month (18.01.2019- 24.01.2019)
Topic	National Integration Camp
Event Category	National Integration Camp for NSS Volunteers
Level	college level
No. of Participants	50
Guest/ Resource Person/ Judge (with designation)	State Officer, NSS-TN

Brief Report:

DAY: 1- 18/01/2019

Mr. CHINTAPALLI K SUDHAKAR – Regional coordinator, NSS, Yanam region and the following students from Dr. B.R. AMBEDKAR POLYTECHNIC COLLEGE joined with our Chennai Region Team to represent Tamil Nadu.

S.NO NAME

1 POLISETTY SAIRAM

2 PEMMADA D.KAASI SAI SANTHOSHA ANUDEEP

3 PAPPU PURNA SRI VEERA VENKATA RAVALI

4 GALI SHARON

We started the camp with the NSS Song, trained by Rahul Sharma , the National Camp coordinator. Education / Motivational session at 2.30 pm was conducted by Dr.Sudhir kumar on the topic “Self confidence”. He briefed us on how to build self confidence, the ways to boost self confidence and about self-esteem. The session ended by 4.00 pm. In the evening all the states had a cultural performance from 5.30 pm to 7.30 pm. Our state Tamilnadu performed Bharatham,Silambam and Karakam.



DAY: 2- 19/01/2019

The day started with roll call at 7.30 am and continued by yoga, meditation ,exercise etc At 9.30am “Shramdan” activities started and we were assigned for the dining team. The inauguration session was cheerful and enthusiastic by Prof . Rakesh Bhatnagar , V.C of B.H.U followed by the educational session by Prof. Chandrakala Tripath at 2.30 pm on the topic Women empowerment and time management and the session was ended by 4.00 pm. In the evening Dr.Ramesh Chandra , the chief guest for the culture started the event , where three of the states performed their culturals .



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DAY: 3 – 20/01/2019

The day began with morning yoga , warm up, exercise and roll call. At 9.30 am “Shramdan” activities we were given cleaning work . our work is to clean outside the auditorium. At 2.30 pm we had a motivational session on personality development, setting goals, positive & negative thinking, career development and much more by Dr. Anshu Srimali . Later in the evening four of the states performed the cultural from 6.00 pm to 4.30 am. The chief guest for the event was Honourable Secretary minister of youth affairs and sports Dr. Upama Chaudarey and Dr. Thaulang.



DAY: 4- 21/01/2019

At 8.00 am we left the B.H.U to attend the 15 th Pravasi Bhartiya Divas , Varanasi by bus .At 10.00 am we reached Youth Pravasi Bhartiya Divas , Varanasi ,Uttar Pradesh “ROLE OF INDIAN DIASPORA IN BUILDING A NEW INDIA''. Col.Rajya Vardhan Singh retired(Minister of state independent charge) Ministry of youth affairs and sports , Government of India .Yogi adgati (Chief Minister of Uttar Pradesh) Kanwaijith Singh Bakshi (Member of parliament , Newzealand). They explained about the power of Youth, Smt. Sushma Swaraj(Minister of external affairs) Government of India. Smt. Upama Chaudarey (Secretary ,Department of Youth affairs and sports , Government of India. Shri Himash Gulat Member of parliament Norway.



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DAY:5 – 22/01/2019

The day started with the roll call at 7.00 am and continued by Yoga and Exercise. At 9.00 am we went for a rally in Banaras Hindu University camp and went to Sriram temple which was inside the camp side. Then we moved on for our cultural performance, so we had a practice session from 2.00 pm to 5.00 pm. Later at 6.00 pm the Culturals had been started, four states were selected to perform the cultural before the chief guest Mr. Sandip Singh State Minister, Higher education. We performed Silambam, Karakam, Puliattam, Oyillatam, classical dance, kolattam and received standing ovation from the audience.



DAY : 6 – 23/01/2019

At 8 am we started by bus to visit various places in Uttar Pradesh. We went to Sarnath Temple and Fort. We had a great time with everyone. In the evening the rest of the state performed the culturals. We saw many varieties and it was a treat for our eyes. Then the valedictory sessions happened and the national certificates and Memento for Contingent leader was provided to our NSS programme officer Mr. Saravana Sundar.

At 9.00am we had a meeting with Mr. Rahul Sharma and the remaining states which are left out for the performance their Culturals had performed. We all sang the NSS song and celebrated the final moments in the camp. At 10.00pm we left the Banaras Hindu University campus and arrived at Pt. DDU junction at 10.45pm and we started our journey to Chennai central at 11.25



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Special camp

Date of the Event	11.08.2018 – 16.08.2018
Topic	Special camp
Event Category	Special camp
Level	College level
No. of Participants	100
Guest/ Resource Person/ Judge (with designation)	Different field

Brief Report:

NSS Unit of Dr. MGR-Janaki College of Arts and Science for Women have conducted a special camp at Maganyam and Azhagur of Kancheepuram District from 11.08.2018 to 16.08.2018. The Day-to-Day activities carried out in detail during the special camp and photos of the same are represented in this report.

The support extended by the Kancheepuram district administration is highly remarkable. The timely guidance and cooperation extended by Dr.G.Bhaskaran, NSS Coordinator and University of Madras gave a wide scope to conduct the activities successfully.

1.PO-.Ms.C.BANU REKHA(UNIT-II)

2.PO- Mrs. G.BHUVANESWARI (UNIT-I)

DAY : 1

- The NSS camp started with a briefing session at the College. At around 9:00 a.m., 100 volunteers (both Unit-1 and Unit-2) of Dr. MGR-Janaki College started from the campus to the camp site in Kancheepuram and reached the place around 12 noon.
- At the campsite:
- The day began with a prayer song.
- The chief guests, Village Development Officers Mr.Srinivasan and Mrs.Vasumathi and other dignitaries were welcomed by Ms. C.Banu Rekha,(NSS programme officer), Dr. MGR-Janaki College, Chennai.
- The inaugural speech was delivered by Mr.Srinivasan, VDO, Maganyam, Kancheepuram District.
- Mrs.Vasumathi, VO, gave a brief introduction about the village Maganyam to the students, covering their literacy rate, their socio-economic conditions.
- The volunteers went on a rally on 'PLASTIC FREE INDIA' and created awareness to the villagers. They explained about the ill - effects of plastics and the need for recycling, through posters and enacted skit on the theme
- Later in the evening volunteers cleaned the temple and the lake in Maganyam. They dispose all waste papers, plastics, and weeds. The volunteers had a group discussion and planned about the execution of the camp.



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DAY :2

- The volunteers had an exercise and a yoga session after which Morning Prayer was conducted.
- “SRI SANDEEPANI GURUKULA TRUST” provided homely food to the students of the camp. Students relished the healthy and hygienic food.
- The volunteers were divided into 5 groups which were headed by a group leader.
- They made a dry run on skits about social issues like drug abuse, digital India, open defecation, women empowerment and child labour.
- Then volunteers carried out cleaning activity at the government school campus at Maganyam, removed dust heaps and attempted to create awareness on cleanliness and hygiene.



DAY: 3

- Exercise, yoga and Morning Prayer were conducted by the volunteers.
- Later, the volunteers divided themselves into 6 groups. The first 3 groups were involved in conducting drawing competitions, games like Lemon & spoon, filling the bottles, relay to the students of Government school.
- The other groups prepared posters on “Drug Abuse”.
- In the afternoon session volunteers organized a rally and street play focused on the harmfulness of drugs. Local people showed interest and awareness about this issue disseminated in the community.
- We conducted cultural activities for our volunteers in the evening.
- Our volunteers shared their thoughts on the activities conducted and gave suggestions to improvise them for the following days.



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DAY: 4

- Our volunteers gave awareness on “Causes of cancer” to the secondary school students. Charts were displayed on the classrooms.
- The afternoon session began with a seminar by Dr. R.D Yamuna, Health Officer about cervical cancer and breast cancer.
- Eye camp and general health checkup was also conducted for the welfare of the village people by Dr. R.Punniyamoorthi, Health officer
- The volunteers had an interactive session with the village people where they learnt more moral values.
- Our Volunteers organized a rally on the topic Women Empowerment.



DAY: 5

- Our NSS students attended the Independence Day celebration in the government school at Maganyam.
- They also conducted various competitions for the kinder garden, primary students and also for women.
- In the afternoon, volunteers learned to make garland, paper craft and sweater weaving from the village people
- Our volunteers conducted a rally on the topic child labor.



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DAY:6

- Our day began with prayer and yoga sessions.
- The valedictory function was presided over by Balaji Swamigal, Mr.Srinivasan (VDO), Dr.Latha Rajendran (Correspondent), Dr.Manimekalai(principal), Dr.Lakshmi Balaji (Vice principal), Dr..Shanthi Lakshmi(Deanofficers).
- Our volunteers gave a summary of events done during the period of stay in the village. They were elated about their team work and carried fond memories of the camp.
- We also distributed prizes to the winners in the competitions conducted on the independence day.
- Volunteers heart fully thanked the program officer and the management of the college for their support. Village authorities assured all sorts of cooperation to the college NSS unit in the future in order to work for the betterment of the village.
- The session concluded by vote of thanks proposed by NSS student-Varalakshmi.





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PRESS REPORT

நாட்டுநலப்பணி திட்ட முகாம் தொடக்கம்



நாட்டு நலப்பணி திட்ட முகாமில் கலந்து கொண்ட தனியார் கலை அறிவியல் கல்லூரி மாணவிகள்.

புள்பெரும்புதூர், ஆக. 12: மாகாண்யம் கிராமத்தில் தனியார் கலை அறிவியல் கல்லூரி மாணவிகள் கலந்து கொள்ளும் நாட்டு நலப்பணித்திட்ட முகாம் கடந்த சனிக்கிழமை தொடங்கியது.

சென்னை மதுரவாயல் பகுதியில் டாக்டர் எம்ஜிஆர் ஜானகி மகளிர் கலை மற்றும் அறிவியல் கல்லூரி செயல்பட்டு வருகிறது. இக் கல்லூரி மாணவிகள் கலந்து கொள்ளும் நாட்டு நலப்பணித் திட்ட முகாம், காஞ்சிபுரம் மாவட்டம், புள்பெரும்புதூர் ஒன்றியம் மாகாண்யம் கிராமத்தில் ஏழு நாட்களுக்கு நடைபெற உள்ளது. இந்த முகாமின் தொடக்க நிகழ்ச்சி மாகாண்யம் அரசுப் பள்ளி வளாகத்தில் கடந்த சனிக்கிழமை நடைபெற்றது. கல்லூரியின் நாட்டு நலப்பணித் திட்ட ஒருங்கிணைப்பாளர் பானுரேகா தலைமையில் நடைபெற்ற இந்த நிகழ்ச்சியில் புள்பெரும்புதூர் வட்டார வளர்ச்சி அலுவலர்கள் சீதா.சீனிவாசன், வசுமதி ஆகியோர் முகாமைத் தொடங்கிவைத்து உரையாற்றினர். இதில் தாய்மை இந்தியா திட்ட ஒருங்கிணைப்பாளர் யுவராஜ், கல்லூரி மாணவிகள் கலந்து கொண்டனர். முகாமில் கலந்து கொண்ட மாணவிகள், குழந்தைத் தொழிலாளர் முறையை ஒழிப்பது குறித்து பொதுமக்களிடையே விழிப்புணர்வு ஏற்படுத்த கிராமப்பகுதியில் பேரணி செல்ல உள்ளனர். மேலும், புற்றுநோய் குறித்தும், தனிநபர் இல்லக் கழிப்பறையின் பயன்பாடு குறித்தும் பொதுமக்களுக்கு விழிப்புணர்வை ஏற்படுத்த உள்ளனர். அதே போல் கிராமப்பகுதிகளில் மரக்கன்றுகள் நடவும், ரத்த தான முகாம், மருத்துவ முகாம் நடத்தவும் திட்டமிட்டுள்ளனர்.



OUTREACH PROGRAMS (Representative)

2018-2023



NAME OF THE DEPARTMENT	B.COM(GENERAL, ACCOUNTING & FINANCE)
DATE	07.02.2023
VENUE	AVVAI HOMES
NUMBER OF VOLUNTEERS	20
BENEFICIARIES	SCHOOL CHILDRENS
ACADEMIC YEAR	2022-2023

REPORT

On 07.02.2023 our department students offered transparent pouch with Stationaries to the students in Avvai Home who are going to appeared for public exams on the month of March, 2023.

OUTCOME

- An outreach program strengthens the connection between a student's education and the world they live in. It can provide tools for students to connect how forces in society, the economy and politics affect their everyday lives.
- With an outreach program, students learn valuable life skills through shared experiences. This empowers them to make positive changes in themselves, their families and their communities.
- College volunteering helps students feel better about yourself and increase overall satisfaction in their life by helping others and staying in regular contact with others.

PHOTO





FOOD FESTIVAL

NAME OF THE DEPARTMENT	BIOCHEMISTRY AND BIOINFORMATICS
DATE	06.11.2020
VENUE	GOVERNMENT SCHOOL, ADYAR
NUMBER OF VOLUNTEERS	10
BENEFICIARIES	SCHOOL AND COLLEGE STUDENTS
ACADEMIC YEAR	2022-2023

SUMMARY REPORT

The folks of Green Health Club conducted a food festival event to promote awareness on balanced diet and traditional food stuffs at Government school, Adayar.

OUTCOME

- College and school students enjoyed the event in which they prepared variety of dishes.
- Learnt about balanced diet and traditional food stuffs.
- Explore nutritious food.
- Many audiences actively participated in the event.

PHOTOS





SPRING UP – COMPUTER BASICS TAKEN TO SCHOOL STUDENTS

Name of the Department	BCA
Date	14/10/2022
Venue	Lady's Matriculation, Higher Secondary School, Thiruvottiyur, ch-19
No of volunteers	3
Beneficiaries	10
Academic year	2022-2023

Summary report:

The student of BCA department took class for the school students, the basics in Computer Science which leads a great impact to the school students as well as college students. They prepared themselves, approached schools and presented and conducted games for the students.

Outcome:

- ❖ The volunteers understood how they should prepare themselves to take the class and to approach the schools.
- ❖ The students of the college learnt to present themselves in a professional way. They happily conducted games for the school students.

Photo:





SPRING UP – COMPUETR BASICS TAKEN TO SCHOOL STUDENTS

Name of the Department	BCA
Date	7/7/2022
Venue	C.S.I Monahan Girls Hr. Sec. School
No of volunteers	3
Beneficiaries	10
Academic year	2022-2023

Summary report:

The student of BCA department taken class for the school students, the basics in Computer Science which leads a great impact to the school students as well as college students. They prepared themselves, approached school and presented and conducted games for the students.

Outcome:

- ❖ The volunteers understood how they should prepare themselves to take the class and to approach the schools.
- ❖ The students of the college learnt to present themselves in a professional way. They happily conducted games for the school students.

Photo:





BEACH CLEANING

NAME OF THE DEPARTMENT	COMPUTER APPLICATIONS
DATE	15/09/2022
VENUE	MARINA BEACH
NO OF VOLUNTEERS	50
BENEFICIARIES	500
ACADEMIC YEAR	2022 – 2023

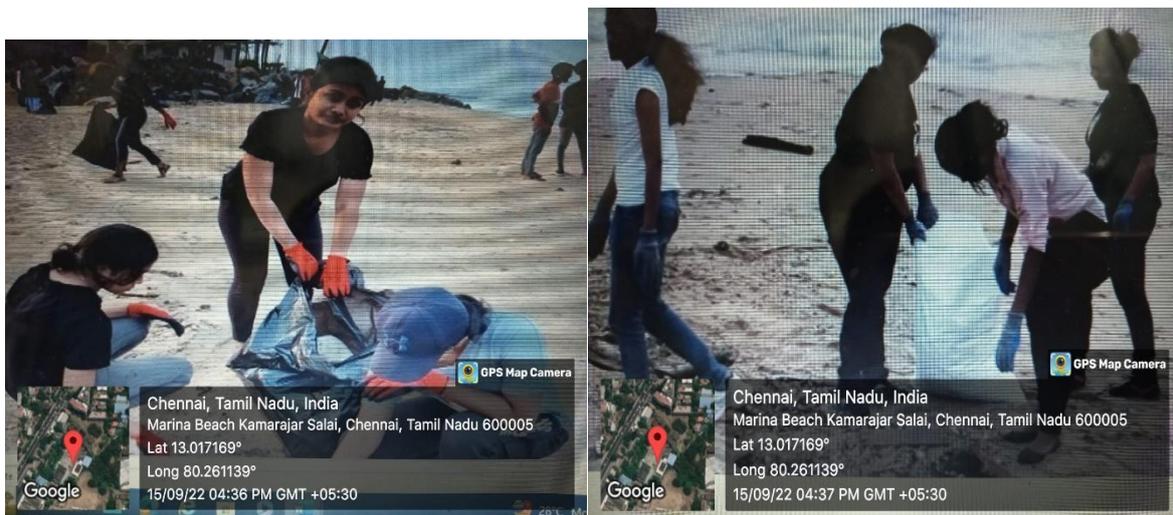
SUMMARY REPORT

The students of Students' Activity club along with the staff visited the Marina Beach and created an awareness on keeping the beach clean and tidy.

OUTCOME

- The volunteers learnt that by keeping the beach clean we are helping creating a safer environment and preserve the nature.
- The importance of cleanliness in beach is to provide a healthy and safe environment for the local community.

PHOTOS





COMPUTER LITERACY CLUB - “BASICS AND SCOPE OF COMPUTER SCIENCE” WAS TAKEN TO THE STUDENTS

NAME OF THE DEPARTMENT	BSC COMPUTER SCIENCE
DATE	10.8.2022, 1.8.2022 AND 22.8.2022
VENUE	1. V.O.C MATRICULATION HIGHER SECONDARY SCHOOL, ENNORE. 2.GOVERNMENT HIGHER SECONDARY SCHOOL, NEMMELI
NO OF VOLUNTEERS	5
BENEFICIARIES	300
ACADEMIC YEAR	2022-2023

SUMMARY REPORT:

The students of B.Sc Computer science, has taken class for the school students on “Basics and scope of computer science “ which made a great impact on the school students .

OUTCOME:

- The volunteers understood how they should prepare themselves to take the class and to approach the schools.
- The students have learnt to present themselves in a professional way

PHOTOS





CAMPUS CLEANING

NAME OF THE DEPARTMENT	COMPUTER SCIENCE (SHIFT II)
DATE	22/09/2022
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, THORAIPAKKAM
NO OF VOLUNTEERS	50
BENEFICIARIES	200
ACADEMIC YEAR	2022 - 2023

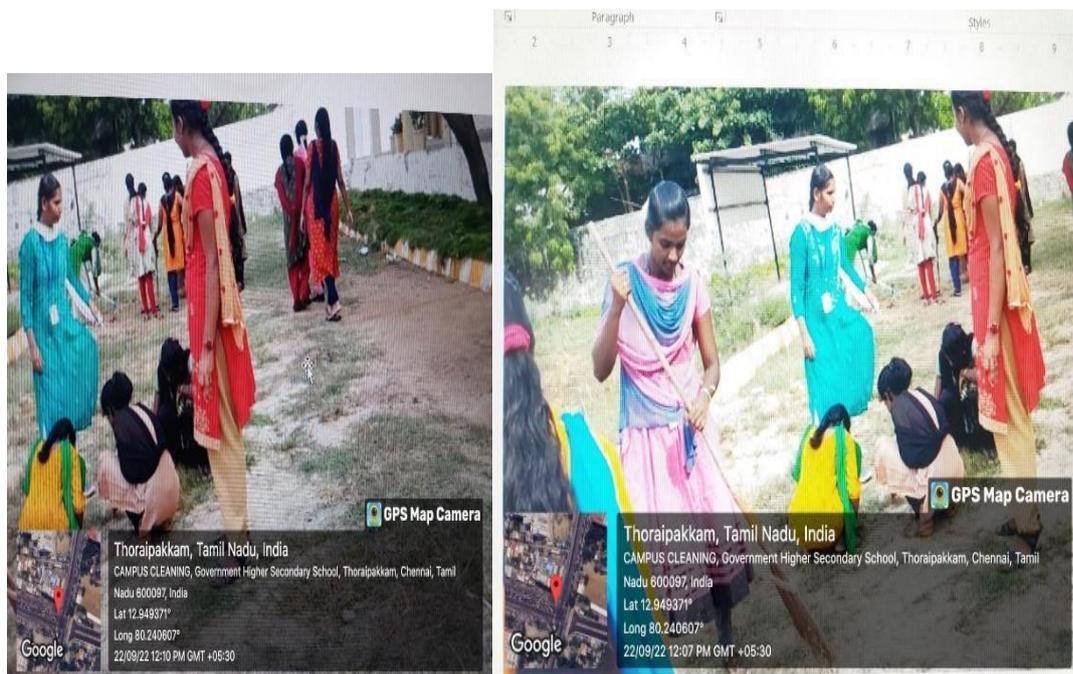
SUMMARY REPORT:

The students of Decode club along with the staff visited the school in Thoraipakkam and created an awareness on keeping the campus clean and green.

OUTCOME:

- The volunteers learnt that by keeping the campus clean we are helping creating a positive learning environment for students.
- The importance of cleanliness in school is to provide a healthy and safe environment for students.

PHOTOS





DRUG ADDICT

NAME OF THE DEPARTMENT	CORPORATE SECRETARYSHIP
DATE	19.07.2022
VENUE	AVVAI HOME ADYAR CHENNAI -20
NO OF VOLUNTEERS	10
BENEFICIARIES	SCHOOL STUDENTS
ACADEMIC YEAR	2022-2023

SUMMARY REPORT:

The students of Department of corporate secretaryship have visited AVVAI HOME ADYAR CHENNAI -20, CHENNAI 20 ON 19.07.22. Through the act of mime the volunteer have explained about effects of drug addiction and how to overcome from the addiction of drugs.

OUTCOME:

- The volunteers aimed to raise awareness about the drug addiction, explaining the consequences of drugs intake and that's effect on education, family and career. He further explained it with real time examples and the drug addiction cases he handled. He advised the students to beware of the bad surroundings, who force us to try drugs just once. And, the whole addiction cycle which makes us a slave to them. He further adds how drinking, smoking and drug habits are adapted by students and how the cycle runs, to make us addict for it..

PHOTOS:





SHARING TO SHOW CARE

NAME OF THE DEPARTMENT	ENGLISH
DATE	15-03-2023
VENUE	PANCHAYAT MIDDLE UNION SCHOOL, NEELANKARAI
NO OF VOLUNTEERS	8
BENEFICIARIES	SCHOOL STUDENTS
ACADEMIC YEAR	2022-2023

SUMMARY REPORT:

The members of the Charity Club visited Panchayat Middle Union School, Neelankarai and donated the notebooks and stationary items to the students on 15-03-2023.

OUTCOME:

- The volunteers understood how sharing adds more meaning to show that we care for others.
- The participants created an awareness among their classmates to share and contribute to the community in little ways.

PHOTOS:





REUSE AND RECYCLE BOOKS

NAME OF THE DEPARTMENT	ENGLISH
DATE	29-08-2022
VENUE	DR. MGR JANAKI COLLEGE OF ARTS AND SCIENCE FOR WOMEN
NO OF VOLUNTEERS	8
BENEFICIARIES	STUDENTS
ACADEMIC YEAR	2022-2023

SUMMARY REPORT

The members of the Charity Club donated the Foundation English Books to the juniors on 29-08-2022.

OUTCOME

- The volunteers understood how sharing adds more meaning to show that we care for others.
- The participants created an awareness among their classmates to share the used books and thereby save the planet.

PHOTOS





TEACHING MATHEMATICS FOR SCHOOL STUDENTS

NAME OF THE DEPARTMENT	MATHEMATICS
DATE	18.10.2022
VENUE	THE CHILDREN'S GARDEN SCHOOL, MYLAPORE CHENNAI.
NO OF VOLUNTEERS	5
BENEFICIARIES	45 SCHOOL STUDENTS.
ACADEMIC YEARS	2022-2023

SUMMARY REPORT:

As a part of Outreach Programme, The Sigma Club of Department of mathematics organises a social visit to the School. The Students and teachers of our club engages the local community, and communicates mathematics is fun and easy ways to change the perception of mathematics. The main focus was to familiarize the School Students with few mathematical concepts.

Fun Activities were conducted in which all the Students, actively participated. Students who won 1st, 2nd and 3rd positions and also the Students who were responsive and interactive with the teachers were awarded prizes.

OUTCOME:

- The Students got an opportunity to improve the confidence and ability to articulate mathematical ideas.
- Students can deepen their understanding of individual leadership, Systematic Change and social responsibility.

PHOTOS





CAREER GUIDANCE FOR HIGH SCHOOL STUDENTS

NAME OF THE DEPARTMENT	MATHEMATICS
DATE	27.02.2023
VENUE	AVVAI HOMES
NO OF VOLUNTEERS	5
BENEFICIARIES	60 SCHOOL STUDENTS.
ACADEMIC YEARS	2022-2023

SUMMARY REPORT:

The Sigma Club of Department of mathematics organises a social visit to the School. The Students and teachers of our club conduct career exploration activities with high school Students to assist in selecting a career of interests. Provide career counselling, College information and Scholarship Searches.

OUTCOME:

- The program helps an individual to understand themselves better, in order to make informed decisions about their career.
- Career counselling provides an understanding of the prevailing job trends in the Indian economy. It helps individuals better understand their skills and abilities so they can make more informed career choices that suit both their ambitions and passions.

PHOTOS





AWARENESS PROGRAM

NAME OF THE DEPARTMENT	MICROBIOLOGY
DATE	24/02/2023
VENUE	CPS NEW MARKET FARM PRIMARY SCHOOL, TONDIARPET, CHENNAI.
NO OF VOLUNTEERS	5
BENEFICIARIES	SCHOOL STUDENTS
ACADEMIC YEAR	2022-2023

SUMMARY REPORT:

The NSS Students of Microbiology department visited CPS New Market Farm Primary school, Tondiarpet, Chennai. The volunteers conducted a cleanliness awareness program on 24/02/2023.

OUTCOME:

- The volunteers explained the importance of cleanliness to the students and taught them a few cleanliness practices.
- The students learnt the Do's and Don'ts to maintain cleanliness and took oath on practicing them in their daily life.

PHOTOS





NAME OF THE DEPARTMENT	B.COM GENERAL & B.COM ACCOUNTING & FINANCE
DATE	23.09.2021
VENUE	AVVAI HOME & ORPHANAGE
NUMBER OF VOLUNTEERS	20
BENEFICIARIES	CHILDREN
ACADEMIC YEAR	2021-2022

SUMMARY REPORT

Student volunteers from B. Com (General) and (Accounting & Finance) were taken to **AVVAI HOME & ORPHANAGE FOR GIRLS** on 23.09.2021 with our staff. They did various fun activities to entertain the children there and provided them with food.

OUTCOME

- An outreach program strengthens the connection between a student’s education and the world they live in. It can provide tools for students to connect how forces in society, the economy and politics affect their everyday lives.
- With an outreach program, students learn valuable life skills through shared experiences. This empowers them to make positive changes in themselves, their families and their communities.
- College volunteering helps students feel better about yourself and increase overall satisfaction in their life by helping others and staying in regular contact with others.

PHOTOS:





WETLAND CONSERVATION

NAME OF THE DEPARTMENT	BIOCHEMISTRY AND BIOINFORMATICS
DATE	19.07.2021
VENUE	ADYAR PARK, ADYAR
NUMBER OF VOLUNTEERS	5
BENEFICIARIES	SCHOOL STUDENTS
ACADEMIC YEAR	2021-2022

SUMMARY REPORT

The folks of Green Health Club conducted a wetland conservation event to promote awareness on garbage disposal at Adyar park, Adyar.

OUTCOME

- School students enjoyed the event with lot of activities.
- Learnt about segregation of waste products
- Explored about biodegradable waste to make fertilizers.
- Many audiences actively participated in the event.

PHOTOS:





BREAKFAST PROVIDED TO MENTALLY RETARDED CHILDREN

Name of the Department	BCA
Date	28/07/2021
Venue	Andhra Mahila Sabha
No of volunteers	6
Beneficiaries	30
Academic year	2021-2022

Summary report:

The students of BCA department provided food to the mentally retarded children of Andhra Mahila Sabha by collecting amount from the staff and the students. They also conducted games and competition to the children's and spend quality time.

Outcome:

- ❖ The students understood how they should take care of the mentally retarded children's and their talents.
- ❖ The students of the college learnt to share their resources with the people in need. They happily conducted games.

PHOTOS:





SPRING UP – COMPUETR BASICS TAKEN TO SCHOOL STUDENTS

Name of the Department	BCA
Date	11/03/2022
Venue	Muruga Dhanushkodi Girls, Higher Secondary School, Tondiarpet,ch-89
No of volunteers	13
Beneficiaries	10
Academic year	2021-2022

Summary report:

The student of BCA department taken class for the school students, the basics in Computer Science which leads a great impact to the school students as well as college students. They prepared themselves, approached schools and presented and conducted games for the students.

Outcome:

- ❖ The volunteers understood how they should prepare themselves to take the class and to approach the schools.
- ❖ The students of the college learnt to present themselves in a professional way. They happily conducted games for the school students.

Photos:





OLD AGE HOME VISIT

NAME OF THE DEPARTMENT	COMPUTER APPLICATIONS (SHIFT II)
DATE	07/09/2021
VENUE	BRINDAVANAM OLD AGE HOME,
NO OF VOLUNTEERS	10
BENEFICIARIES	25
ACADEMIC YEAR	2021-2022

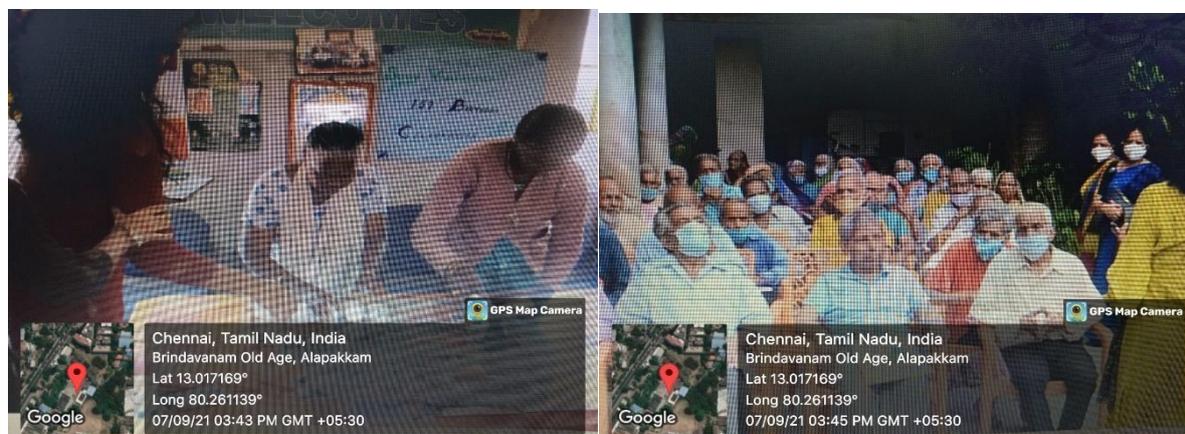
SUMMARY REPORT

The students of DigiTech club visited the Old Age Home in Alapakkam to have an enriching experience and make the old aged happy and bring smile on their face.

OUTCOME

- The volunteers learnt to appreciate the elderly and their contributions to the society.
- The importance of the visit is to make the elderly feel happy and gain life experience from them.

PHOTOS





FLASH PROMS CLUB - “BASICS AND SCOPE OF COMPUTER SCIENCE” WAS TAKEN TO THE STUDENTS

NAME OF THE DEPARTMENT	BSC COMPUTER SCIENCE
DATE	2.3.2022 1.3.2022
VENUE	1. AUXILIUM MATRICULATION SCHOOL, THIRUVOTTIYUR, CHENNAI-19 2. MANUELMONY MATRIC HR.SEC.SCHOOL, PALAVAKKAM, CHENNAI-42 3. SRI VIDYODHAYA LEARNING CENTRE , MANDAVELI
NO OF VOLUNTEERS	5
BENEFICIARIES	130
ACADEMIC YEAR	2021-2022

SUMMARY REPORT:

The students of B. Sc computer science, has taken class for the school students on “Basics and scope of computer science “ which made a great impact on the school students .

OUTCOME:

- The volunteers understood how they should prepare themselves to take the class and to approach the schools.
- The students have learnt to present themselves in a professional way

PHOTOS:





COVID AWARENESS

NAME OF THE DEPARTMENT	COMPUTER SCIENCE (SHIFT II)
DATE	13/08/2021
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, THORAIPAKKAM
NO OF VOLUNTEERS	20
BENEFICIARIES	100
ACADEMIC YEAR	2021 - 2022

SUMMARY REPORT:

The students of SWAT club collected masks from the staff and students of the department and donated the masks to the school students.

OUTCOME:

- The volunteers learnt how to prevent oneself and the community from being affected.
- Students learnt the way of protecting themselves against the deadly contagious disease is by wearing masks.

PHOTOS:





SAVE THE GIRL CHILD

NAME OF THE DEPARTMENT	CORPORATE SECRETARYSHIP
DATE	15.09.2021
VENUE	SHRI VIVEKANADHA VIDHYALAYA, THIRUVOTTRIYUR, CHENNAI
NO OF VOLUNTEERS	3
BENEFICIARIES	SCHOOL STUDENTS
ACADEMIC YEAR	2021-2022

SUMMARY REPORT:

The students of Department of corporate secretaryship have visited shri Vivekanadha vidhyalaya, thiruvottriya, Chennai 19 On 15.09.21

Explained about the importance of saving a girl child .

OUTCOME:

- The volunteers understood why they should save the girl child .
- The student body of the college learnt the equality and rights of girls.

PHOTOS





CARE FOR ANIMALS

NAME OF THE DEPARTMENT	ENGLISH
DATE	09-09-2021
VENUE	ELLIOTS BEACH
NO OF VOLUNTEER	5
BENEFICIARIES	STRAY ANIMALS
ACADEMIC YEAR	2021-2022

SUMMARY REPORT

Stray or street dogs have the right to food and citizens have the right to feed them. The students of II BA English (2020-2023) actively volunteered in feeding the stray dogs in the areas near the college campus on 9 September 2021.

OUTCOME:

- The volunteers displayed the value of being kind to animals.
- The participants created an awareness among their classmates to care for stray animals.

PHOTOS:





DONATION FOR A CAUSE

NAME OF THE DEPARTMENT	ENGLISH
DATE	22-09-2021
VENUE	Dr. MGR JANAKI COLLEGE OF ARTS AND SCIENCE FOR WOMEN
NO OF VOLUNTEER	1
BENEFICIARIES	CANCER PATIENTS
ACADEMIC YEAR	2021-2022

SUMMARY REPORT

Anjana Lakshmi from II MA, Department of English donated her hair for cancer survivors on 22 September 2021 in an event organized by the Rotaract Club.

OUTCOME

- The volunteer exhibited empathy towards the cancer survivors.
- The participants created an awareness among their classmates to care for others by donating hair.

PHOTOS:





BEACH CLEAN UP CAMPAIGN - EARTH CLUB

NAME OF THE DEPARTMENT	ENGLISH
DATE	26-12-2021
VENUE	ELLIOTS BEACH
NO OF VOLUNTEERS	6
BENEFICIARIES	PUBLIC
ACADEMIC YEAR	2021-2022

SUMMARY REPORT:

The members of the Earth Club, Afsaan, Nandini, Ashwini, Sowmiya JP, Reshma and Varshini participated in the Clean-up campaign organized by G-Square Group.

OUTCOME:

- The volunteers understood how they should take care of the environment.
- The participants created an awareness among their classmates to keep the surroundings clean and not to litter in public places.

PHOTOS:





TEACHING MATHEMATICS FOR SCHOOL STUDENTS

NAME OF THE DEPARTMENT	MATHEMATICS
DATE	14.03.2022
VENUE	THE CHILDREN'S GARDEN SCHOOL, MYLAPORE CHENNAI.
NO OF VOLUNTEERS	5
BENEFICIARIES	60 SCHOOL STUDENTS.
ACADEMIC YEARS	2021-2022

SUMMARY REPORT:

As a part of Outreach Programme, The Sigma Club of Department of mathematics organises a social visit to the School. The Students and teachers of our club engages the local community, and communicates mathematics is fun and easy ways to change the perception of mathematics. The main focus was to familiarize the School Students with few mathematical concepts.

Fun Activities were conducted in which all the Students, actively participated. Students who won 1st, 2nd and 3rd positions and also the Students who were responsive and interactive with the teachers were awarded prizes.

OUTCOME:

- The Students got an opportunity to improve the confidence and ability to articulate mathematical ideas.
- Students can deepen their understanding of individual leadership, Systematic Change and social responsibility.

PHOTOS:





CAREER GUIDANCE FOR HIGH SCHOOL STUDENTS

NAME OF THE DEPARTMENT	MATHEMATICS
DATE	06.04.2022
VENUE	LADY SIVASWAMI IYER GIRLS HIGHER SECONDARY SCHOOL
NO OF VOLUNTEERS	5
BENEFICIARIES	40 SCHOOL STUDENTS.
ACADEMIC YEARS	2021-2022

SUMMARY REPORT:

The Sigma Club of Department of mathematics organises a social visit to the School. The Students and teachers of our club conduct career exploration activities with high school Students to assist in selecting a career of interests. Provide career counselling, College information and Scholarship Searches.

OUTCOME:

- The program helps an individual to understand themselves better, in order to make informed decisions about their career.
- Career counselling provides an understanding of the prevailing job trends in the Indian economy. It helps individuals better understand their skills and abilities so they can make more informed career choices that suit both their ambitions and passions.

PHOTOS





PROGRAMME ON STRESS MANAGEMENT

NAME OF THE DEPARTMENT	PSYCHOLOGY
DATE	29.09.2021
VENUE	CSI ST.THOMAS HR SEC SCHOOL
NO OF VOLUNTEERS	5
BENEFICIARIES	43
ACADEMIC YEAR	2020-2021

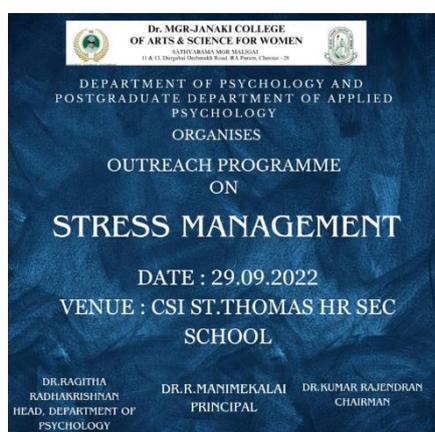
SUMMARY REPORT:

- The students of Psyche club donated the provisions collected from the staff and students of C.S.I.St Thomas Hr sec school.
- The club members facilitated group discussions where students can share their stressors and coping strategies. This can help reduce feelings of isolation.
- The students taught yoga to the participants to reduce stress effectively.

OUTCOME:

- The Students learnt how to regulate their emotions and react more calmly in stressful situations.
- This programme created awareness about stress and encouraged the students to adopt healthier lifestyle choices, including exercise, balanced nutrition, and adequate sleep.

PHOTOS





Name of the Department	B.Com [General] and B.Com [Accounting & Finance]
Date	28-08-2020
Venue	Mylapore
No of volunteer	5
Beneficiaries	Public
Academic year	2020-2021

REPORT

Student volunteers from the department of Commerce (General) and (Accounting & Finance) along with the teachers donated meals for the people during pandemic. Provided an opportunity for generations to unite and perhaps begun to shape the younger generations.

OUTCOME

- While the benefits of community service for students include directly helping and making a difference in an organization and the lives of people they are serving.
- When students get involved in community service, they not only help others — they expand their worldview, develop empathy and leadership skills, and realize how their actions can have a positive impact
- Volunteering and community service offer opportunities for college students to develop leadership skills. By volunteering, students can learn how to take initiative, organize and manage events, and inspire others to participate in community service activities.

PHOTOS





NUTRIFEST

NAME OF THE DEPARTMENT	BIOCHEMISTRY AND BIOINFORMATICS
DATE	06.11.2020
VENUE	GOVERNMENT SCHOOL, MGR NAGAR
NUMBER OF VOLUNTEERS	10
BENEFICIARIES	SCHOOL AND COLLEGE STUDENTS
ACADEMIC YEAR	2020-2021

SUMMARY REPORT

The folks of Green Health Club conducted a NUTRIFEST event to promote balanced diet at Government school, MGR Nagar.

OUTCOME

- College and school students enjoyed the event in which they prepared variety of dishes.
- Learnt about balanced diet
- Explore nutritious food.
- Many audiences actively participated in the event.

PHOTOS





AWARENESS ON COVID

NAME OF THE DEPARTMENT	COMPUTER APPLICATIONS (SHIFT II)
DATE	10/2/2021
VENUE	DR. MGR JANAKI COLLEGE OF ARTS & SCIENCE FOR WOMEN
NO OF VOLUNTEERS	3
BENEFICIARIES	55
ACADEMIC YEAR	2020-2021

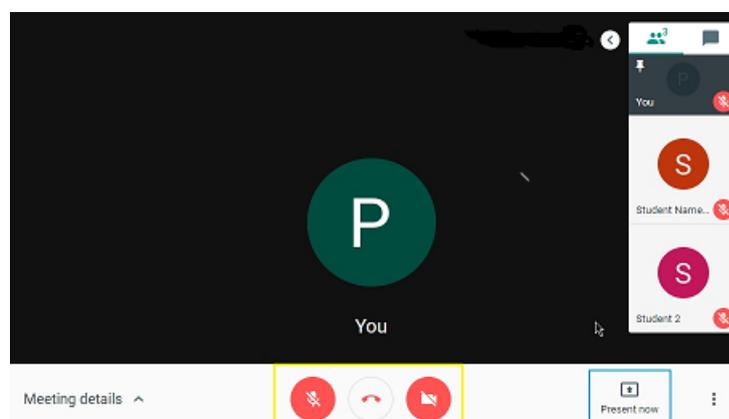
SUMMARY REPORT

The students of Digi Tech club conducted an awareness program on COVID.

OUTCOME

- The students learned how to educate the people to understand, identify and avoid covid threats.
- The awareness program strengthened the students' self-identity and boosted their self-confidence.

PHOTOS





PUBLIC SERVICE

NAME OF THE DEPARTMENT	CORPORATE SECRETARYSHIP
DATE	09.10.2020
VENUE	PUBLIC PLACE
NO OF VOLUNTEERS	5
BENEFICIARIES	COMMON PEOPLE
ACADEMIC YEAR	2020-2021

SUMMARY REPORT

The students of Department of corporate secretaryship have distributed mask, water bottles for the needy people in the public place, Chennai on 09.10.2020.

OUTCOME

- The volunteers understood importance of wearing mask and social distancing during the time of covid.

PHOTOS





PROVIDING JUICE

NAME OF THE DEPARTMENT	MATHEMATICS
DATE	12.03.2021
VENUE	BESANT NAGAR BEACH
NO OF VOLUNTEER	4
BENEFICIARIES	PUBLIC
ACADEMIC YEAR	2020-2021

REPORT

Student volunteers from the Sigma Club of Department of Mathematics provided Juice for the needy people in the public place.

OUTCOME

- Students can deepen their understanding of individual leadership, Systematic Change and social responsibility..
- Students get an opportunity to build a sense of responsibility and Sensitivity towards the society to help, uplift and support those in need.

PHOTOS



NAME OF THE DEPARTMENT	B.COM GENERAL , B.COM ACCOUNTING & FINANCE
DATE	19.12.2019
VENUE	ANBU KARANGAL CHARITABLE TRUST.
NUMBER OF VOLUNTEERS	20
BENEFICIARIES	CHILDREN
ACADEMIC YEAR	2019-2020

SUMMARY REPORT

Student volunteers from B. Com (General) and (Accounting & Finance) were taken to Anbu Karangal Charitable Trust on 19.12.2019 with our staff. They did various fun activities to entertain the children there and provided them with Snacks, Stationery items, Provisions and food.

OUTCOME

- An outreach program strengthens the connection between a student's education and the world they live in. It can provide tools for students to connect how forces in society, the economy and politics affect their everyday lives.
- With an outreach program, students learn valuable life skills through shared experiences. This empowers them to make positive changes in themselves, their families and their communities.
- College volunteering helps students feel better about yourself and increase overall satisfaction in their life by helping others and staying in regular contact with others.

PHOTOS





GUESS THE QUIZ - ENVIRONMENT STUDIES AND HUMAN HEALTH

NAME OF THE DEPARTMENT	BIOCHEMISTRY AND BIOINFORMATICS
DATE	15.10.2019
VENUE	DR.MGR HOME AND HIGHER SECONDARY SCHOOL FOR THE SPEECH AND HEAR IMPAIRED, RAMAPURAM.
NUMBER OF VOLUNTEERS	6
BENEFICIARIES	SCHOOL STUDENTS
ACADEMIC YEAR	2019-2020

SUMMARY REPORT:

The members of Department of Biochemistry and Bioinformatics Conducted a quiz competition on environmental studies and human health at Dr.MGR Home and Higher secondary school for the Speech and Hear Impaired students of Ramapuram.

OUTCOME:

- Students joyfully attended the quiz in teams and many of them guessed the quiz correctly.
- Students of the school were so intelligent that they answered within a second.
- They were awarded exiting prizes.

PHOTOS





SPRING UP – COMPUETR BASICS TAKEN TO SCHOOL STUDENTS

Name of the Department	BCA
Date	2/09/2019
Venue	Sathya Sai, Higher Secondary School, Thiruvottiyur,ch-19
No of volunteers	5
Beneficiaries	10
Academic year	2019-2020

Summary report:

The student of BCA department taken class for the school students, the basics in Computer Science which leads a great impact to the school students as well as college students. They prepared themselves, approached schools and presented and conducted games for the students.

Outcome:

- ❖ The volunteers understood how they should prepare themselves to take the class and to approach the schools.
- ❖ The students of the college learnt to present themselves in a professional way. They happily conducted games for the school students.

PHOTOS





BREAKFAST PROVIDED TO MENTALLY RETARDED CHILDREN

Name of the Department	BCA
Date	16/10/2019
Venue	Andhra Mahila Sabha
No of volunteers	6
Beneficiaries	30
Academic year	2019-2020

Summary report:

The students of BCA department provided food to the mentally retarded children of Andhra Mahila Sabha by collecting amount from the staff and the students. They also conducted games and competition to the children's and spend quality time.

Outcome:

- ❖ The students understood how they should take care of the mentally retarded children's and their talents.
- ❖ The students of the college learnt to share their resources with the people in need. They happily conducted games.

PHOTOS





AWARENESS ON DIGITAL LITERACY

NAME OF THE DEPARTMENT	COMPUTER APPLICATIONS
DATE	5/12/2019
VENUE	ST. MARY'S MATRICULATION GIRLS HIGHER SECONDARY SCHOOL
NO OF VOLUNTEERS	3
BENEFICIARIES	30 STUDENTS
ACADEMIC YEAR	2019-2020

SUMMARY REPORT

The students of Digi Tech club conducted an awareness program on digital literacy.

OUTCOME

- The students learned how to communicate information and ideas effectively to audience using appropriate media and formats.
- The students gained the ability to engage constructively with others and adapt digital communication appropriately for successful interaction.

PHOTOS:





**FLASH PROMS CLUB - “BASICS OF COMPUTER SCIENCE” AND
“TRAINING ON APPLICATION ORIENTED “WAS TAKEN TO THE STUDENTS**

NAME OF THE DEPARTMENT	BSC COMPUTER SCIENCE
DATE	1.7.2019, 15-7-2019 TO 19-07-2019
VENUE	1. V.G.P- PHILOMINAL MATRICULATION SCHOOL, INJAMBAKKAM , CHENNAI-115 2. KOTTIVAKKAM GOVERNMENT HIGH SCHOOL, CHENNAI-57 3. GOVERNMENT (ADW) HIGH SCHOOL, PALAVAKKAM, CHEENAI-42 4. CHENNAI GIRLS HIGHER SECONDARY SCHOOL 5. KATHIVAKKAM MUNICIPAL MIDDLE SCHOOL, ENNORE
NO. OF VOLUNTEERS	16
BENEFICIARIES	450
ACADEMIC YEAR	2019-2020

SUMMARY REPORT

The students of Bsc computer science, has taken class for the school students on “Basics and scope of computer science “ which made a great impact on the school students .

OUTCOME

- The volunteers understood how they should prepare themselves to take the class and to approach the schools.
- The students have learnt to present themselves in a professional way

PHOTOS





AWARENESS ON COMPUTATIONAL THINKING

NAME OF THE DEPARTMENT	COMPUTER SCIENCE (SHIFT II)
DATE	10/12/2019
VENUE	Dr. MGR JANAKI COLLEGE OF ARTS & SCIENCE FOR WOMEN
NO OF VOLUNTEERS	30
BENEFICIARIES	40
ACADEMIC YEAR	2019 - 2020

SUMMARY REPORT

The students of SWAT club organized technical exhibition for various school student to make them aware of the various computer terminologies.

OUTCOME

- Students were able to develop problem-solving skills.
- Students learnt how to become a successful expert in the field of Information Technology by channelizing their technical knowledge and skills.

PHOTOS





JUNK FOODS

NAME OF THE DEPARTMENT	CORPORATE SECRETARYSHIP
DATE	16.10.2019
VENUE	SHRI VIVEKANADHA VIDHYALAYA, THIRUVOTTRIYUR, CHENNAI
NO OF VOLUNTEERS	5
BENEFICIARIES	SCHOOL STUDENTS
ACADEMIC YEAR	2019-2020

SUMMARY REPORT

The students of Department of Corporate Secretaryship have visited Shri vivekanandha vidhyalaya, Thiruvottiyur Chennai on 16.10.19. They were explained about ‘Balanced diet’ that one must eat every day which includes fruits, vegetables, cereals and nuts. They also learnt that food is necessary for their growth and to maintain good health.

OUTCOME

- The volunteers were explained about ‘Balanced diet’ that one must eat every day which includes fruits, vegetables, cereals and nuts. Students also made them aware of ‘Healthy and Junk food’. Students understood that ‘Junk food’ like chocolates, ice-cream, chips can be harmful if eaten often. They also learnt that food is necessary for their growth and to maintain good health.
- The student body of the college learnt that how themselves must control Eating junk food.

PHOTOS





BELIVE IN YOURSELF

NAME OF THE DEPARTMENT	CORPORATE SECRETARYSHIP
DATE	07.11.2019
VENUE	SHRI VIVEKANADHA VIDHYALAYA, THIRUVOTTRIYUR, CHENNAI
NO OF VOLUNTEERS	5
BENEFICIARIES	SCHOOL STUDENTS
ACADEMIC YEAR	2019-2020

SUMMARY REPORT

The students of Department of corporate secretaryship have visited the srikumaran primary school , tondaiyarpeta ,Chennai on 07.11.2019 Explained Needs and the importance of self confidence and believing in yourself .

OUTCOME

- The volunteers understood how they should believe they self and also learnt how to motivate them self.
- The student body of the college learnt about the self esteem.

PHOTOS





TEACHING MATHEMATICS FOR SCHOOL STUDENTS

NAME OF THE DEPARTMENT	MATHEMATICS
DATE	17.09.2019
VENUE	THE CHILDREN'S GARDEN SCHOOL, MYLAPORE CHENNAI.
NO OF VOLUNTEERS	10
BENEFICIARIES	65 SCHOOL STUDENTS.
ACADEMIC YEAR	2019-2020

SUMMARY REPORT

As a part of Outreach Programme, The Sigma Club of Department of mathematics organises a social visit to the School. The Students and teachers of our club engages the local community, and communicates mathematics is fun and easy ways to change the perception of mathematics. The main focus was to familiarize the School Students with few mathematical concepts. Fun Activities were conducted in which all the Students actively participated. Students who won 1st, 2nd and 3rd positions and also the Students who were responsive and interactive with the teachers were awarded prizes.

OUTCOME

- The Students got an opportunity to improve the confidence and ability to articulate Mathematical ideas.
- Students can deepen their understanding of individual leadership, Systematic Change and social responsibility.

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PHOTOS:



2 & 4 (Old 11 & 12), 7th Lane, Dr Radha
Krishnan Salai, Jagadambal Colony,

Lat: N 13°2'43.67148 Date: 14/03/2022

Long: E 80°16'9.45084 Time: 03:11 PM



CAREER GUIDANCE FOR HIGH SCHOOL STUDENTS

NAME OF THE DEPARTMENT	MATHEMATICS
DATE	06.02.2020
VENUE	LADY SIVASWAMI IYER GIRLS HIGHER SECONDARY SCHOOL
NO OF VOLUNTEERS	10
BENEFICIARIES	50 SCHOOL STUDENTS.
ACADEMIC YEARS	2019-2020

SUMMARY REPORT

The Sigma Club of Department of mathematics organises a social visit to the School. The Students and teachers of our club conduct career exploration activities with high school Students to assist in selecting a career of interests. Provide career counselling, College information and Scholarship Searches.

OUTCOME

- The program helps an individual to understand themselves better, in order to make informed decisions about their career.
- Career counselling provides an understanding of the prevailing job trends in the Indian economy. It helps individuals better understand their skills and abilities so they can make more informed career choices that suit both their ambitions and passions.

PHOTOS





YOGA TRAINING

NAME OF THE DEPARTMENT	MICROBIOLOGY
DATE	7/11/2019
VENUE	CPS NEW MARKET FARM PRIMARY SCHOOL, TONDIARPET, CHENNAI.
NO OF VOLUNTEERS	5
BENEFICIARIES	SCHOOL STUDENTS
ACADEMIC YEAR	2019-2020

SUMMARY REPORT

The NSS Students of Microbiology department visited CPS New Market Farm Primary school, Tondiarpet, Chennai. They taught yoga to the students and made them do meditation.

OUTCOME

- The volunteers explained the benefits of doing yoga to the students.
- Students learned Yoga and were insisted to practice yoga regularly.

PHOTOS





PROGRAMME ON MENTAL AWARENESS

NAME OF THE DEPARTMENT	PSYCHOLOGY
DATE	01.11 .2020
VENUE	CHENNAI GIRLS HR SEC SCHOOL
NO OF VOLUNTEERS	6
BENEFICIARIES	52
ACADEMIC YEAR	2019-2020

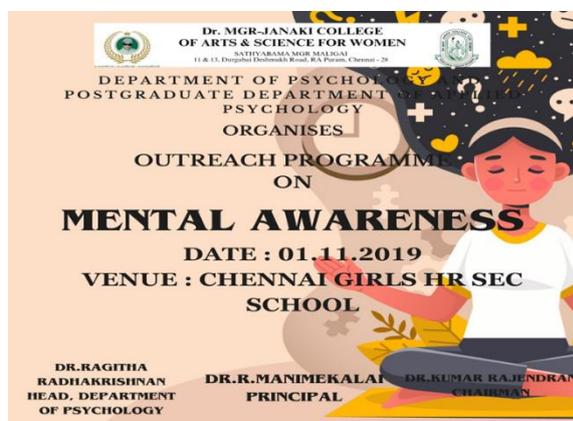
SUMMARY REPORT

The students of Psyche club conducted a mental awareness programme in Chennai Girls Hr sec school. More than 50 students attended this programme. The club students conducted small group activities and conducted a quiz programme on mental health.

OUTCOME

- The awareness programs can help reduce the stigma associated with mental health issues, making it easier for students to seek help when needed.
- The Students experienced reduced levels of stress, anxiety, and depression as a result of increased awareness about mental health and well-being.

PHOTOS





NAME OF THE DEPARTMENT	B.COM GENERAL, B.COM. A&F
DATE	10.10.2018
VENUE	AVVAI HOME & ORPHANAGE FOR GIRLS
NO.OF.VOLUNTEERS	20
BENEFICIARIES	CHILDRENS
ACADEMIC YEAR	2018-2019

REPORT

Student volunteers from B. Com (General) and (Accounting& Finance) were taken to **AVVAI HOME & ORPHANAGE FOR GIRLS** on 10.10.2018 with our staff. They did various fun activities to entertain the children there and provided them with food.

OUTCOME

- An outreach program strengthens the connection between a student’s education and the world they live in. It can provide tools for students to connect how forces in society, the economy and politics affect their everyday lives.
- With an outreach program, students learn valuable life skills through shared experiences. This empowers them to make positive changes in themselves, their families and their communities.
- College volunteering helps students feel better about yourself and increase overall satisfaction in their life by helping others and staying in regular contact with others.

PHOTOS





AWARENESS ON ENVIRONMENTAL SCIENCE

NAME OF THE DEPARTMENT	BIOCHEMISTRY AND BIOINFORMATICS
DATE	28.09.2018
VENUE	GOVERNMENT GIRLS HIGHER SECONDARY SCHOOL, SAIDAPET
NUMBER OF VOLUNTEER	7
BENEFICIARIES	SCHOOL STUDENTS
ACADEMIC YEAR	2018-2019

SUMMARY REPORT

The members of Green Health Club conducted an awareness program regarding environment studies at Government girls Higher secondary school, Saidapet on 28.09.2018.

OUTCOME

- Students were enthusiastic to hear more information about environmental studies.
- They have pledged to save the environment.
- They decided to improve the nation with afforestation and agriculture.

PHOTO





SPRING UP – COMPUETR BASICS TAKEN TO SCHOOL STUDENTS

Name of the Department	BCA
Date	12/03/2018
Venue	VICTORY MATRIC HR. SEC. SCHOOL, Thiruvottiyur, ch-19
No of volunteers	5
Beneficiaries	10
Academic year	2018-2019

Summary report:

The student of BCA department taken class for the school students on basics in Computer Science which leads a great impact to the school students as well as college students. They prepared themselves, approached schools and presented and conducted games for the students.

Outcome:

- ❖ The volunteers understood how they should prepare themselves to take the class and to approach the schools.
- ❖ The students of the college learnt to present themselves in a professional way. They happily conducted games for the school students.

PHOTOS





BREAKFAST PROVIDED TO MENTALLY RETARDED CHILDREN

Name of the Department	BCA
Date	08-10-2018
Venue	Andhra Mahila Sabha
No of volunteers	6
Beneficiaries	30
Academic year	2018-2019

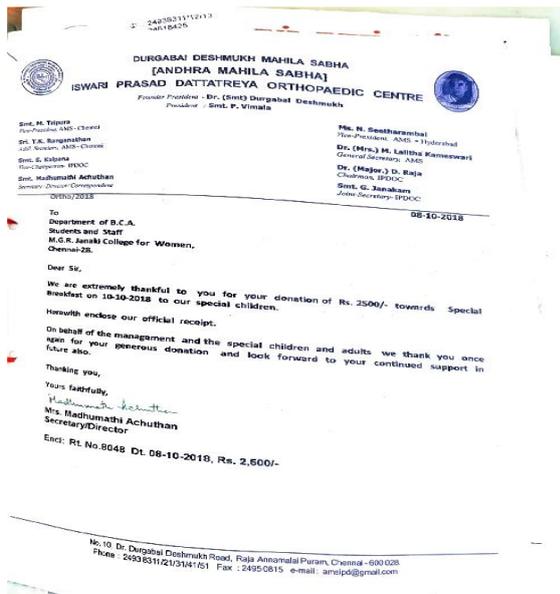
Summary report:

The students of BCA department provided food to the mentally retarded children of Andhra Mahila Sabha by collecting amount from the staff and the students. They also conducted games and competition to the children's and spend quality time.

Outcome:

- ❖ The students understood how they should take care of the mentally retarded children's and their talents.
- ❖ The students of the college learnt to share their resources with the people in need. They happily conducted games.

PHOTOS





TREE PLANTATION

NAME OF THE DEPARTMENT	COMPUTER APPLICATIONS (SHIFT II)
DATE	08/10/2018
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, KOVILAMBAKKAM
NO OF VOLUNTEERS	15
BENEFICIARIES	50
ACADEMIC YEAR	2018 – 2019

SUMMARY REPORT:

The students of Digi Tech club along with the staff visited the Government Higher Secondary School in Kovilambakkam and planted saplings in the campus to know the value of the environment.

Outcome:

- The volunteers learnt the value of trees in preventing climate change, improving air quality and preserving biodiversity by planting trees in the school campus.
- The importance of planting trees is to creating a positive impact on the mental and physical well-being of individuals and develop the skills of responsibility – from caring for plants.

PHOTOS





FLASH PROMS CLUB-“BASICS OF COMPUTER SCIENCE” WAS TAKEN TO THE STUDENTS

NAME OF THE DEPARTMENT	BSC COMPUTER SCIENCE
DATE	9.7.2018 TO 13.7.2018, 11.7.2018 TO 13.7.2018, 16.7.2018 TO 17.07.2018
VENUE	1. GOVERNMENT (ADW) HIGH SCHOOL, PALAVAKKAM, CHENNAI-42 2. VIJAY VIDYA NURSERY AND PRIMARY SCHOOL, MYLAPORE
NO OF VOLUNTEERS	16
BENEFICIARIES	80
ACADEMIC YEAR	2018-2019

SUMMARY REPORT

The students of B.Sc computer science, has taken class for the school students on “Basics and scope of computer science “ which made a great impact on the school students .

OUTCOME

- The volunteers understood how they should prepare themselves to take the class and to approach the schools.
- The students have learnt to present themselves in a professional way

PHOTOS





IMPORTANCE OF PLANTING TREES

NAME OF THE DEPARTMENT	COMPUTER SCIENCE (SHIFT II)
DATE	21/09/2018
VENUE	GOVERNMENT HIGHER SECONDARY SCHOOL, THORAIPAKKAM
NO OF VOLUNTEERS	10
BENEFICIARIES	40
ACADEMIC YEAR	2018 – 2019

SUMMARY REPORT

The students of SWAT club collected saplings from the staff and students of the department and planted in the school premises.

OUTCOME

- The volunteers learnt life skills through tree planting and gardening.
- Students developed a deeper understanding of environmental stewardship, cultivating a lifelong commitment to preserving and protecting nature.

PHOTOS





DO NOT CUT THE TREES

NAME OF THE DEPARTMENT	CORPORATE SECRETARYSHIP
DATE	12.09.2018
VENUE	SRI KUMARAN PRIMARY SCHOOL TONDAIYARPET, CHENNAI-19
NO OF VOLUNTEERS	5
BENEFICIARIES	SCHOOL STUDENTS
ACADEMIC YEAR	2018-2019

SUMMARY REPORT

The students of Department of corporate secretaryship have visited the sri kumaran primary school, Tondaiyarpeta, Chennai on 12.09.2023 Explained Needs and the importance of trees and the effects of deforestation.

OUTCOME

- The volunteers understood how they should take care of their plants and trees.
- The student body of the college learnt the process of planting the trees and plants.

PHOTOS





HELPING OTHERS

NAME OF THE DEPARTMENT	CORPORATE SECRETARYSHIP
DATE	26.09.2018
VENUE	SRI KUMARAN PRIMARY SCHOOL TONDAIYARPET, CHENNAI-19
NO OF VOLUNTEERS	5
BENEFICIARIES	SCHOOL STUDENTS
ACADEMIC YEAR	2018-2019

SUMMARY REPORT

The students of Department of corporate secretaryship have visited the sri kumaran primary school, Tondaiyarpeta, Chennai on 26.09.2018. Explained Needs and the importance of Helping others and activities also were conducted .

OUTCOME

- The volunteers understood how they should help others also explained the students that helping others can make them feel rewarded, fulfilled and empowered.

PHOTOS





CAREER GUIDANCE FOR HIGH SCHOOL STUDENTS

NAME OF THE DEPARTMENT	MATHEMATICS
DATE	11.09.2018
VENUE	AVVAI HOMES, ADYAR, CHENNAI.
NO OF VOLUNTEERS	10
BENEFICIARIES	80 SCHOOL STUDENTS.
ACADEMIC YEARS	2018-2019

SUMMARY REPORT

The Sigma Club of Department of mathematics organises a social visit to the School. The Students and teachers of our club conduct career exploration activities with high school Students to assist in selecting a career of interests. Provide career counseling, College information and Scholarship Searches.

OUTCOME

- The program helps an individual to understand themselves better, in order to make informed decisions about their career.
- Career counselling provides an understanding of the prevailing job trends in the Indian economy. It helps individuals better understand their skills and abilities so they can make more informed career choices that suit both their ambitions and passions.

PHOTOS





TEACHING MATHEMATICS FOR SCHOOL STUDENTS

NAME OF THE DEPARTMENT	MATHEMATICS
DATE	12.02.2018
VENUE	THE CHILDREN'S GARDEN SCHOOL, MYLAPORE CHENNAI.
NO OF VOLUNTEERS	10
BENEFICIARIES	60 SCHOOL STUDENTS.
ACADEMIC YEARS	2018-2019

SUMMARY REPORT

As a part of Outreach Programme, The Sigma Club of Department of mathematics organises a social visit to the School. The Students and teachers of our club engages the local community, and communicates mathematics is fun and easy ways to change the perception of mathematics. The main focus was to familiarize the School Students with few mathematical concepts. Fun Activities were conducted in which all the Students actively participated. Students who won 1st, 2nd and 3rd positions and also the Students who were responsive and interactive with the teachers were awarded prizes.

OUTCOME

- The Students got an opportunity to improve the confidence and ability to articulate mathematical ideas.
- Students can deepen their understanding of individual leadership, Systematic Change and social responsibility.

PHOTOS





GAMES

NAME OF THE DEPARTMENT	MICROBIOLOGY
DATE	04.01.2019
VENUE	CPS NEW MARKET FARM PRIMARY SCHOOL, TONDIARPET, CHENNAI.
NO OF VOLUNTEERS	5
BENEFICIARIES	SCHOOL STUDENTS
ACADEMIC YEAR	2018-2019

SUMMARY REPORT:

The NSS Students of Microbiology department visited CPS New Market Farm Primary school, Tondiarpet, Chennai. The volunteers conducted Games and Fun activities.

OUTCOME:

- The volunteers conducted games and fun activities which improved cognitive skills and fostered creativity.
- The students enjoyed the fun time. They actively participated and were socially interactive.
- Team games built a healthy relation among classmates, and they showed great team spirit.

PHOTOS





PROGRAMME ON LAUGHTER YOGA

NAME OF THE DEPARTMENT	PSYCHOLOGY
DATE	4.02.2019
VENUE	RANI MEYYAMAI HR SEC SCHOOL
NO OF VOLUNTEERS	5
BENEFICIARIES	40
ACADEMIC YEAR	2018-2019

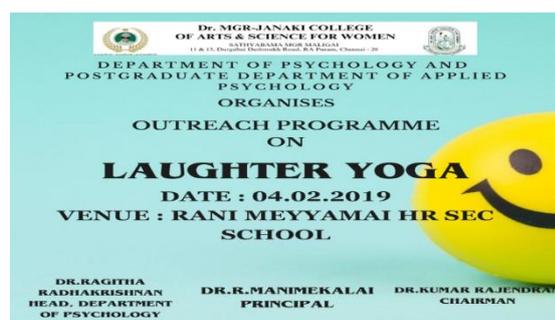
SUMMARY REPORT:

The students of Psyche Club conducted a programme on Laughter yoga to the students of Rani Meyammai Hr sec school. The club conducted various fun filled recreational activities in the school which enhanced the student's happiness level.

OUTCOME:

- The laughter yoga helped the students to reduce stress level, improve mood and energy levels, and induce a more positive mindset.
-
- Laughter of one student of the group can trigger endorphin release in other members of the group, leading to a chain reaction of laughter among group members. This releases physical and emotional tension, elevates mood, enhances cognitive functioning, and increases friendliness among the students.

PHOTOS





ELECTORAL LITERACY CLUB (Representative)

2018-2023

Name of the Club	Electoral and Literacy Club
Date of the Event	29.11.2022
Topic	Constitutional Day
Event Category	Awareness Program
No. of Participants	35
Guest/ Resource Person/ Judge (with designation)	Dr.G.Radhika, Asst. Professor, Dept.of.Community Medicine Shri Sathya Sai College of Nursing.
<p>Brief Report: Electoral and Literacy club organised Constitutional Day on 26 November 2022 to commemorate the adoption of constitution of India. Chief Guest of the programme Dr.G.Radhika, She highlighted the constitutional and ethical value of our country. The event started with reading the preamble that embarked the spirit of Nationalism among the students More than 35 students participated in this event. The preamble was read in both the languages. This was followed by an interactive session. The program concluded with a National Anthem.</p>	
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Name of the Club	Electoral and Literacy Club
Date of the Event	26/09/2022
Topic	Voters Awareness Program
Event Category	Awareness Program
Level	Interdepartmental Activity
No. of Participants	50
Guest/ Resource Person/ Judge (with designation)	Dr.M. Durga Asst. Professor, Dept. of Biochemistry Dr.MGR Janaki College for Women

Brief Report: Electoral and Literacy club organised a Voter Awareness Programme targeting first time voters and young voters of the college. The programme began with a welcome address given by Dr.B.Sabana, Electoral and Literacy club in-charge, in which she highlighted the objective of organising the programme. This was followed by a speech by, Dr.M.Durga, Assistant Professor, Department of Biochemistry the young voters to actively take part in voting as citizens of the country and for them to understand the importance of their vote and the value their opinion brings to the decision-making. She highlighted the constitutional and ethical aspect of voting. She stressed on the importance of choosing rationally and wisely and cautioned the students not to be influence by money power or other influences and not to be swayed by winds of rhetoric and unfulfilled promises. This was followed by an interactive session. The program concluded with a Vote of Thanks delivered by Ms.R.Deepika, Secretary of Electoral and Literacy Club.

